

## **Anesthesia Information Sheet for outpatient pediatric anesthesia**

Dear Parents, Please observe the following instructions for outpatient operations or treatments to ensure that they are as comfortable and safe as possible for you and your child.

Before the operation or treatment:

- **Anesthesia Questionnaire:** You will receive an anesthesia questionnaire, which you should read carefully and fill out at home (please **do NOT wait** until the day of surgery!) and bring with you on the day of treatment together with your insurance card.
- **Preliminary Examination:** If your child does not suffer from any chronic illnesses, a preliminary examination is not usually necessary.
- **Anesthesia Consultations:** Anesthesia consultations take place by telephone; the responsible anesthesiologist will call you in good time. It is desirable to be able to inform the parent directly who will also be accompanying the child on the day of the operation.
- **Language Assistance:** If you need language assistance (a translator), please actively seek out a translator in your circle of acquaintances and let us know who you would like us to speak to and how to contact him/her. It is very important that you can get all the necessary information about the procedure and possible complications!

On the Day of the Operation:

- **Fasting Instructions:** Please do not allow your child to eat (including sweets, chewing gum, or fruit) for at least 5 hours before the operation.
- **Clear Liquids:** Clear liquids are permitted up to 1-2 hours before the operation (water or tea). However, please **do NOT** give your child fruit juices or drinks containing fat or milk!
- **Post-Anesthesia Needs:** Please bring something to drink and eat for after the anesthesia, and don't forget a change of clothes, diapers, etc.

Postoperative Instructions:

- **Post-Anesthesia Monitoring:** Your child will need to be monitored by us for some time after the anesthesia (approx. 2 hours). This time is often very boring for children, so please bring something to keep them occupied (games, puzzles, tablet, etc.) to make the waiting time easier.
- **Activities and Supervision:** Eating, drinking, and playing under your supervision is permitted without any foreseeable problems, but you must Not allow your child to go to the playground, ride a bike, climb, etc. on the day of the operation.

For Questions or Complications:

Contact by Telephone: Please inform us by telephone (the number will be provided).  
If you are unable to reach us, please contact your pediatrician or, in urgent emergencies, the local emergency services at 112.

If you have any further questions, please do not hesitate to contact us,

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